GUIDE CONTENTS - TEAM JULLENA

- 1. Corona Virus & Covid19
- 2. Major Symptoms of Covid19
- 3. Major Countries in the World Affected by Covid19
- 4. Types of Zones
- 5. Types of Vaccines & their Second dose intervals
- 6. Care & Precautions to be taken (Before & After)
- 7. Home Quarantine Schedule & Precautions
- 8. Covid-19 Medical Kit taken (recommended by Doctors)
- 9. Diet to be taken by Covid-19 Patients
- 10. Key Medical Equipments required in Covid-19
- 11. Oxygen level & Oximeter requirements
- 12. Oxygen Concentrator & its requirements
- 13. Oxygen Cylinder & its requirements
- 14. Nearest hospitals (Govt & Private)
- 15. Support from residents in case of requirement
- 16. Isolation Centres in case of requirement
- 17. Meal Centres in surroundings
- 18. Death Certificate : Key documents & online process
- 19. Tele consultation of Covid19 patients
- 20. Helpline Numbers for support
- 21. Key office Addresses
- 22. Recent Govt Orders (For Help & Support)
- 23. Our Public representatives (Councillor/MLA/MP)
- 24. Precautions for Children
- 25. "Team Jullena" Members
- 26. Different "Task Forces" in "Team Jullena"
- TF 27. Thanks